

start & share

HUMMUS & ZA'ATAR FLATBREAD 15⁵⁰

whipped feta, harissa, za'atar, baked to order flatbread

CRISPY CHICKEN LETTUCE WRAPS 17⁵⁰

fried chicken tossed in honey valentina hot sauce, cilantro, charred corn, green onion, tortilla strips, crispy onion, roasted pepitas, cilantro lime sauce, iceberg lettuce cups

BEEF BARBACOA QUESADILLAS 15⁹⁵

braised beef barbacoa, smoked mozzarella, shredded cabbage, banana peppers, flour tortillas, cilantro, charred jalapeno mayo, valentina, cilantro lime sauce

CHICKEN STRIPS & FRIES 15⁹⁵

breaded to order chicken strips, buttermilk ranch

HOT WINGS 15⁵⁰

one pound of wings, blue cheese ranch dip

FAMOUS FRIED PICKLES 9⁹⁵

creamy dill dip

CRISPY HUMBOLDT SQUID 15⁹⁵

fried banana peppers, roasted red peppers, dill, jalapeno mayo, chili garlic sauce, lemon

GYOZA 13⁵⁰

pan-fried pork and chicken dumplings, spicy sauce, sriracha mustard

SOFT BAKED PRETZELS 11⁹⁵

two pretzels, warm beer and cheddar sauce, phillips blue buck mustard

HANDMADE GUAC & SALSA 12⁹⁵

made fresh daily, cumin-dusted tortilla chips

PULLED BACON POUTINE 14⁹⁵

pulled bacon, cheese curds, fries, house gravy

TUNA TATAKI 15⁹⁵

seared ahi tuna, sesame lemongrass crust, asian slaw, pineapple, yuzu ponzu, teriyaki, wasabi mayo, crispy onion, micro cilantro

hand-stretched pizza

☉ substitute gluten free pizza crust 1⁹⁵

MARGHERITA 17⁹⁵

grana padano, fresh mozzarella, fresh basil, pomodoro sauce

HOT HONEY CALABRESE 19⁵⁰

calabrese salami, bacon, fresh mozzarella, spicy honey, pomodoro sauce, fresh basil

LOCAL WILD MUSHROOM 18⁵⁰

foraged mushroom blend, mozzarella, truffle arugula, roasted garlic cream sauce

LAMB MERGUEZ 19⁵⁰

two rivers lamb merguez sausage, smoked mozzarella, roasted garlic cream sauce, kale, pickled red onion

PROSCIUTTO & ARUGULA 19⁵⁰

prosciutto, fresh mozzarella, grana padano, arugula, roasted garlic cream sauce, lemon

salads & bowls

MARRAKESH MARKET SALAD 19⁹⁵

za'atar chicken, marinated kale, spinach, sticky carrots, feta, candied almond, dates, crispy chickpeas, cucumber, herb vinaigrette

CAJUN CHICKEN COBB SALAD 19⁵⁰

crunchy poached egg, cajun chicken breast, bacon, avocado, grape tomato, grana padano, radish, parm dressing

AHI TUNA SALAD 19⁹⁵

seared ahi tuna, asian slaw, arugula, cucumber, red pepper, avocado, sliced orange, crispy wontons, spicy miso, peanut ginger dressing, micro cilantro

GREEN GODDESS HALLOUMI BOWL 18⁹⁵

seared halloumi, brown rice, kale, spinach, cucumber, green garbanzo beans, shaved radish, lemon, grana padano, green goddess dressing

☉ substitute chicken 1⁹⁵

☉ substitute ocean wise prawns or ahi tuna 3⁹⁵

POKE BOWL 19⁹⁵

yuzu ponzu ahi tuna sashimi, sushi rice, edamame, avocado, seaweed salad, green onion, pickled ginger, spicy pineapple, wasabi mayo, carrot, sweet mango sauce, sesame seed blend

☉ substitute brown rice 1

YOU DRIVE OUR PASSION

Our mission is to bring people together to create memorable experiences. We believe that when you bring great people together, great things happen.

We are proud of this community that makes up our Tap & Barrel family.

This includes our team, local farmers, brewers, winemakers, distillers, the local artists we showcase, **and you, our valued guests.**

Thank you for supporting local and for fueling our passion!

 **ocean wise**. A SUSTAINABLE CHOICE

 Mealshare - We'll provide one simple, healthy meal to a youth in need.

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR DIETARY RESTRICTIONS



burgers & sandwiches

all burgers and sandwiches are served with fries

⊕ **substitute green salad, kale caesar salad or tots** 1⁵⁰

⊕ **substitute gluten free bun** 1⁵⁰

SOUTHERN FRIED CHICKEN BURGER 18⁹⁵

buttermilk fried chicken, aged white cheddar, arugula, honey cayenne mayo, pickled onions

TAP BURGER 17⁹⁵

certified angus beef®, aged white cheddar, lettuce, caramelized onions, tomato, house mayo

PB&J BURGER 18⁹⁵

certified angus beef®, bacon jam, chipotle peanut butter, lettuce, tomato, house mayo

CAJUN CHICKEN BURGER 18⁵⁰

blackened chicken, pulled bacon, avocado, lettuce, tomato, house mayo

🌶️ SPICY TUNA BURGER 18⁵⁰

seared ahi tuna, sesame lemongrass panko crust, avocado, cucumber, crispy onion, pickled onions, spicy miso mayo

SHORT RIB SANDWICH 20⁹⁵

slow-braised certified angus beef® short ribs, tomato jam, horseradish mayo, crispy onions, caramelized onions, rustic ciabatta

🌱 HALLOUMI VEG SANDWICH 17⁵⁰

seared halloumi cheese, banana peppers, hummus, avocado, lettuce, tomato, cucumber, rustic naan

BEYOND BURGER™ 19⁹⁵

plant-based patty, vegan cheese, mayo and bun, avocado, lettuce, tomato

100% VEGAN

make it your own

⊕ **add bacon** 2⁹⁵

⊕ **add fried egg** 1⁹⁵

⊕ **add avocado** 1⁹⁵

⊕ **add local foraged mushrooms** 2⁹⁵

⊕ **add aged white cheddar** 1⁹⁵

mains

STEAK FRITES 25⁹⁵

7oz AAA sirloin, kale caesar salad, fries

⊕ **add whisky peppercorn sauce** 1⁹⁵

BBQ RIBS 27⁹⁵

full rack of slow-braised pork ribs, sticky bbq sauce, stuffed warm potato salad, apple cider slaw, house made jalapeno cornbread, honey butter

🌶️ FISH & CHIPS 19⁹⁵

two pieces of wild pacific cod, craft beer batter, fries, house slaw, tartar sauce

PESTO CHICKEN LINGUINE 21⁵⁰

handmade almond basil pesto, feta, grape tomatoes, garlic shallot cream, grilled sourdough

⊕ **substitute ocean wise prawns** 2⁹⁵

FRIED CHICKEN MAC & CHEESE 20⁹⁵

fried chicken, bacon, cavatappi noodles, beer and cheddar sauce, parmesan bread crumbs, parsley

TRUFFLE MUSHROOM MAC & CHEESE 19⁹⁵

foraged mushroom blend, arugula, cavatappi noodles, beer and cheddar sauce, parmesan bread crumbs, parsley

THAI RED CURRY 19⁹⁵

red coconut curry, charred cauliflower, red pepper, green garbanzo beans, thai basil, brown rice, choice of vegan or sautéed chicken

⊕ **substitute ocean wise prawns** 2⁹⁵

⊕ **add rustic naan** 2⁹⁵

ENJOY TAP & BARREL AT HOME

Food and drinks are available for Takeout & Delivery and we even have Take & Make Meal Kits where we provide the ingredients and recipe, and you get to have all the fun! Find out more at @tapandbarrel or tapandbarrel.com

kids menu

AGES 12 AND UNDER

all kids meals come with a small drink and scoop of gelato or a chocolate chip cornflake cookie

CHEESE PIZZA 9⁹⁵

tomato sauce, mozzarella

MAC & CHEESE 9⁹⁵

served with grilled bread and a side of ketchup

GRILLED CHEESE 9⁹⁵

sourdough, cheddar cheese, fries or kale caesar salad

CHICKEN STRIPS 9⁹⁵

house-made chicken strips, ranch dip, fries or kale caesar salad

CHEESEBURGER 9⁹⁵

beef patty, white cheddar, toasted bun, ketchup, fries or kale caesar salad

dessert

MILK CHOCOLATE BROWNIE 9⁹⁵

house-made daily with lindt chocolate, chocolate sauce, local vanilla bean gelato

CHEESECAKE 9⁹⁵

berry compote

MARIO'S VANILLA BEAN GELATO 5⁹⁵

two scoops of local gelato

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR DIETARY RESTRICTIONS



brunch

DOUBLE BACON BENNY 15⁵⁰

strip bacon, bacon jam, poached eggs, handmade hollandaise, cajun spice, tots

VEGGIE BENNY 14⁹⁵

poached eggs, goat cheese, tomato, english muffin, handmade hollandaise, almond pesto, tots

BREAKFAST BURGER 16⁹⁵

certified angus beef®, bacon, american cheese, fried egg, garlic mayo, jalapeno mayo, arugula, tots

AVOCADO TOAST & EGGS 15⁹⁵

toasted sourdough, poached eggs, feta, hummus, avocado, micro cilantro, tots

CHICKEN & WAFFLES 17⁵⁰

belgian waffle, southern fried chicken, poached egg, honey cayenne drizzle, real canadian maple syrup

🌱 CORNBREAD PANCAKES 16⁵⁰

two pancakes, bacon, poached eggs, honey butter, real canadian maple syrup

BEEF BARBACOA BREAKFAST BOWL 16⁹⁵

braised beef barbacoa, poached eggs, cheese curds, handmade hollandaise, tots, tomato jam, parsley

AVOCADO BREAKFAST BOWL 16⁹⁵

poached eggs, avocado, almond pesto, tots, cheese curds, tomato jam, handmade hollandaise, parsley

BACON & EGGS 12⁹⁵

strip bacon, scrambled eggs, sourdough toast, tots

brunch add-ons

- ⊕ avocado 1⁹⁵
- ⊕ two strips of bacon 2⁹⁵
- ⊕ egg (any style) 1⁹⁵
- ⊕ sourdough toast 2⁹⁵
- ⊕ cornbread pancake 4⁹⁵
- ⊕ belgian waffle 4⁹⁵

start & share

HUMMUS & ZA'ATAR FLATBREAD 15⁵⁰

whipped feta, harissa, za'atar, baked to order flatbread

CRISPY CHICKEN LETTUCE WRAPS 17⁵⁰

fried chicken tossed in honey valentina hot sauce, charred corn, cilantro, green onion, tortilla strips, crispy onion, roasted pepitas, cilantro lime sauce, iceberg lettuce cups

BEEF BARBACOA QUESADILLAS 15⁹⁵

braised beef barbacoa, smoked mozzarella, shredded cabbage, banana peppers, flour tortillas, cilantro, charred jalapeno mayo, valentina, cilantro lime sauce

CHICKEN STRIPS & FRIES 15⁹⁵

breaded to order chicken strips, buttermilk ranch

HOT WINGS 15⁵⁰

one pound of wings, blue cheese ranch dip

kids menu

AGES 12 AND UNDER

all kids meals come with a small drink and scoop of gelato or a chocolate chip cornflake cookie

KIDS BACON & EGGS 9⁹⁵

scrambled eggs, strip bacon, sourdough toast, tots

KIDS CORNBREAD PANCAKES 9⁹⁵

two pancakes, honey butter, real canadian maple syrup

CHEESE PIZZA 9⁹⁵

tomato sauce, mozzarella

MAC & CHEESE 9⁹⁵

served with grilled bread and a side of ketchup

GRILLED CHEESE 9⁹⁵

sourdough, cheddar cheese, fries or kale caesar salad

CHICKEN STRIPS 9⁹⁵

house-made chicken strips, ranch dip, fries or kale caesar salad

CHEESEBURGER 9⁹⁵

beef patty, white cheddar, toasted bun, ketchup, fries or kale caesar salad

coffee with a kick

COFFEE & BAILEYS • 1oz 7⁹⁵

MONTE CRISTO • 1oz 7⁹⁵

B52 COFFEE • 1oz 7⁹⁵

SPANISH COFFEE • 1oz 7⁹⁵

🌶️ CRISPY HUMBOLDT SQUID 15⁹⁵

fried banana peppers, roasted red peppers, dill, jalapeno mayo, chili garlic sauce, lemon

GYOZA 13⁵⁰

pan-fried pork and chicken dumplings, spicy sauce, sriracha mustard

FAMOUS FRIED PICKLES 9⁹⁵

creamy dill dip

SOFT BAKED PRETZELS 11⁹⁵

two pretzels, warm beer and cheddar sauce, phillips blue buck mustard

HANDMADE GUAC & SALSA 12⁹⁵

made fresh daily, cumin-dusted tortilla chips

PULLED BACON POUTINE 14⁹⁵

pulled bacon, cheese curds, fries, house gravy

 ocean wise. A SUSTAINABLE CHOICE

 Mealshare - We'll provide one simple, healthy meal to a youth in need.



 CANADA'S BEST MANAGED COMPANIES

salads & bowls

MARRAKESH MARKET SALAD 19⁹⁵

za'atar chicken, marinated kale, spinach, sticky carrots, feta, candied almond, dates, crispy chickpeas, cucumber, herb vinaigrette

CAJUN CHICKEN COBB SALAD 19⁵⁰

crunchy poached egg, cajun chicken breast, bacon, avocado, grape tomato, grana padano, radish, parm dressing

AHI TUNA SALAD 19⁹⁵

seared ahi tuna, asian slaw, arugula, cucumber, red pepper, avocado, sliced orange, crispy wontons, spicy miso, peanut ginger dressing, micro cilantro

GREEN GODDESS HALLOUMI BOWL 18⁹⁵

seared halloumi, brown rice, kale, spinach, cucumber, green garbanzo beans, shaved radish, lemon, grana padano, green goddess dressing

⊕ substitute chicken 1⁹⁵

⊕ substitute ocean wise prawns or ahi tuna 3⁹⁵

hand-stretched pizza

⊕ substitute gluten free pizza crust 1⁹⁵

MARGHERITA 17⁹⁵

grana padano, fresh mozzarella, fresh basil, pomodoro sauce

HOT HONEY CALABRESE 19⁵⁰

calabrese salami, bacon, fresh mozzarella, spicy honey, pomodoro sauce, fresh basil

LOCAL WILD MUSHROOM 18⁵⁰

foraged mushroom blend, mozzarella, truffle arugula, roasted garlic cream sauce

LAMB MERGUEZ 19⁵⁰

two rivers lamb merguez sausage, smoked mozzarella, roasted garlic cream sauce, kale, pickled red onion

PROSCIUTTO & ARUGULA 19⁵⁰

prosciutto, fresh mozzarella, grana padano, arugula, roasted garlic cream sauce, lemon

handhelds & mains

all burgers and sandwiches are served with fries

⊕ substitute green salad, kale caesar salad or tots 1⁵⁰

⊕ substitute gluten free bun on any burger 1⁵⁰

SOUTHERN FRIED CHICKEN BURGER 18⁹⁵

buttermilk fried chicken, aged white cheddar, arugula, honey cayenne mayo, pickled onions

TAP BURGER 17⁹⁵

certified angus beef®, aged white cheddar, lettuce, caramelized onions, tomato, house mayo

PB&J BURGER 18⁹⁵

certified angus beef®, bacon jam, chipotle peanut butter, lettuce, tomato, house mayo

CAJUN CHICKEN BURGER 18⁵⁰

blackened chicken, pulled bacon, avocado, lettuce, tomato, house mayo

SHORT RIB SANDWICH 20⁹⁵

slow-braised certified angus beef® short ribs, tomato jam, horseradish mayo, caramelized onions, crispy onions, rustic ciabatta

SPICY TUNA BURGER 18⁵⁰

seared ahi tuna, sesame lemongrass panko crust, avocado, cucumber, crispy onion, pickled onions, spicy miso mayo

HALLOUMI VEG SANDWICH 17⁵⁰

seared halloumi cheese, banana peppers, hummus, avocado, lettuce, tomato, cucumber, rustic naan

BEYOND BURGER™ 19⁹⁵ **100% VEGAN**

plant-based patty, vegan cheese, mayo and bun, avocado, lettuce, tomato

make it your own

⊕ add bacon 2⁹⁵

⊕ add fried egg 1⁹⁵

⊕ add avocado 1⁹⁵

⊕ add local foraged mushrooms 2⁹⁵

⊕ add aged white cheddar 1⁹⁵

FISH & CHIPS 19⁹⁵

two pieces of wild pacific cod, craft beer batter, fries, house slaw, tartar sauce

dessert

MILK CHOCOLATE BROWNIE 9⁹⁵

house-made daily with lindt chocolate, local vanilla bean gelato, chocolate sauce

CHEESECAKE 9⁹⁵

berry compote

MARIO'S VANILLA BEAN GELATO 5⁹⁵

two scoops of local gelato

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