

## brunch

### DOUBLE BACON BENNY 16<sup>50</sup>

strip bacon, bacon jam, poached eggs, cajun spice, handmade hollandaise, english muffin, tots

### FRIED CHICKEN BENNY 17<sup>50</sup>

buttermilk fried chicken, poached eggs, garlic mayo, hot honey, pickled jalapeno, handmade hollandaise, english muffin, tots

### AVOCADO TOAST & EGGS 16<sup>95</sup>

toasted sourdough, whipped feta, poached eggs, avocado, za'atar, grape tomatoes, radish, tots

⊕ add handmade hollandaise + 1<sup>95</sup>

### BREAKFAST BURGER 17<sup>95</sup>

certified angus beef®, bacon, american cheese, fried egg, arugula, garlic mayo, jalapeno mayo, tots

### ROASTED VEGGIE HASH 16<sup>95</sup>

roasted yukon gold potatoes, local wild mushrooms, grape tomatoes, kale, poached eggs, herb vinaigrette, feta, roasted pumpkin seeds

### 🌱 CHICKEN & WAFFLES 17<sup>95</sup>

belgian waffle, southern fried chicken, poached egg, honey cayenne drizzle, real canadian maple syrup

### BEEF BARBACOA BREAKFAST BOWL 17<sup>95</sup>

braised beef barbacoa, poached eggs, cheese curds, handmade hollandaise, tots, tomato jam, parsley

### AVOCADO BREAKFAST BOWL 17<sup>95</sup>

poached eggs, avocado, almond pesto, tots, cheese curds, tomato jam, handmade hollandaise, parsley

### BACON & EGGS 13<sup>95</sup>

strip bacon, scrambled eggs, sourdough toast, tots

#### brunch add-ons

- ⊕ avocado 1<sup>95</sup>
- ⊕ two strips of bacon 2<sup>95</sup>
- ⊕ belgian waffle 4<sup>95</sup>
- ⊕ sourdough toast 2<sup>95</sup>
- ⊕ egg (any style) 1<sup>95</sup>
- ⊕ handmade hollandaise 1<sup>95</sup>

## kids menu

AGES 12 AND UNDER

all kids meals come with a small drink and a scoop of mario's vanilla bean gelato

### KIDS BACON & EGGS 9<sup>95</sup>

scrambled eggs, bacon, toasted sourdough, tots

### CHEESE PIZZA 9<sup>95</sup>

pomodoro sauce, mozzarella

### MAC & CHEESE 9<sup>95</sup>

local InGrain noodles, sharp cheddar bechamel, side of ketchup, grilled bread

### GRILLED CHEESE 9<sup>95</sup>

sourdough, cheddar cheese, fries or kale caesar salad

### CHICKEN STRIPS 9<sup>95</sup>

breaded to order chicken strips, honey mustard or ranch dip, fries or kale caesar salad

### CHEESEBURGER 9<sup>95</sup>

certified angus beef® patty, white cheddar, toasted bun, ketchup, fries or kale caesar salad

## hand-stretched pizza

⊕ substitute gluten free pizza crust + 1<sup>95</sup>

### HOT HONEY CALABRESE 19<sup>95</sup>

calabrese salami, bacon, fresh mozzarella, spicy honey, pomodoro sauce, fresh basil

### HAWAIIAN HEAT 19<sup>95</sup>

pomodoro sauce, smoked mozzarella, roasted pineapple, bacon, charred jalapeno mayo, lime

### LOCAL WILD MUSHROOM 18<sup>95</sup>

foraged mushroom blend, mozzarella, truffle arugula, roasted garlic cream sauce

### PROSCIUTTO & ARUGULA 19<sup>95</sup>

prosciutto, fresh mozzarella, parmesan, arugula, roasted garlic cream sauce, lemon

### MARGHERITA 18<sup>50</sup>

parmesan, fresh mozzarella, fresh basil, pomodoro sauce

## burgers & sandwiches

all burgers and sandwiches are served with fries

- ⊕ substitute green salad, kale caesar salad or tots + 1<sup>95</sup>
- ⊕ substitute truffle waffle fries or waffle fry poutine + 3<sup>95</sup>
- ⊕ substitute gluten free bun + 1<sup>50</sup>

### TAP BURGER 19<sup>50</sup>

certified angus beef®, aged white cheddar, lettuce, caramelized onions, tomato, house mayo, pickles

### BRAISED SHORT RIB BURGER 21<sup>95</sup>

certified angus beef®, braised bbq short rib, garlic mayo, smoked mozzarella, hickory sticks, bbq sauce, pickled jalapeno

### PB&J BURGER 20<sup>50</sup>

certified angus beef®, bacon jam, chipotle peanut butter, lettuce, tomato, house mayo, pickles

### 🌱 CHICKPEA VEGGIE BURGER 18<sup>95</sup>

handmade plant-based patty, aged white cheddar, house mayo, avocado, lettuce, tomato, pickles

### HALLOUMI VEG SANDWICH 18<sup>50</sup>

seared halloumi cheese, banana peppers, hummus, avocado, lettuce, tomato, cucumber, rustic naan

### SOUTHERN FRIED CHICKEN BURGER 19<sup>50</sup>

buttermilk fried chicken, aged white cheddar, arugula, honey cayenne mayo, pickled onions

### CAJUN CHICKEN BURGER 19<sup>50</sup>

blackened chicken, bacon, avocado, lettuce, tomato, house mayo

### 🌶️ SPICY TUNA BURGER 20<sup>50</sup>

seared ahi tuna, sesame lemongrass panko crust, avocado, cucumber, crispy onions, pickled onions, spicy miso mayo

#### burger & sandwich add-ons

- ⊕ add bacon + 2<sup>95</sup>
- ⊕ add fried egg + 1<sup>95</sup>
- ⊕ add avocado + 1<sup>95</sup>
- ⊕ add sautéed local wild mushrooms + 2<sup>95</sup>
- ⊕ add aged white cheddar + 1<sup>95</sup>

## start & share

### HUMMUS & ZA'ATAR FLATBREAD 15<sup>95</sup>

handmade hummus, whipped feta, harissa, za'atar, baked to order flatbread

### HONEY VALENTINA LETTUCE WRAPS 19<sup>50</sup>

charred corn, green onions, tortilla strips, crispy onions, cilantro, roasted pumpkin seeds, cilantro lime sauce, iceberg lettuce cups, your choice of

⊕ **crispy fried chicken or cauliflower**

### QUESADILLA 16<sup>95</sup>

smoked mozzarella, shredded cabbage, banana peppers, flour tortilla, cilantro, charred jalapeno mayo, valentina, cilantro lime sauce, your choice of

⊕ **braised beef barbacoa or veggie with guacamole**

### CHICKEN WINGS 16<sup>50</sup>

one pound of wings, your choice of flavour

⊕ **frank's hot with buttermilk ranch**

⊕ **korean hot**

⊕ **maple bacon**

### GYOZA 13<sup>95</sup>

pan-fried pork and chicken dumplings, spicy sauce, sriracha mustard

### 🌶️ CRISPY HUMBOLDT SQUID 16<sup>95</sup>

fried banana peppers, roasted red peppers, dill, jalapeno mayo, chili garlic sauce, lemon

### SHORT RIB POUTINE 17<sup>95</sup>

braised short rib, waffle fries, cheese curds, rich gravy, fried rosemary

### FRENCH ONION SLIDERS 15<sup>95</sup>

three certified angus beef® sliders, american cheese, hickory sticks, creamy french onion sauce, caramelized onions, brioche buns

### FAMOUS FRIED PICKLES 10<sup>95</sup>

creamy dill dip

### TRUFFLE WAFFLE FRIES 9<sup>50</sup>

parmesan, parsley, garlic aioli

### CHICKEN STRIPS & FRIES 16<sup>95</sup>

breaded to order chicken strips, your choice of dip

⊕ **honey mustard or buttermilk ranch**

### HANDMADE GUAC & SALSA 12<sup>95</sup>

made fresh daily, cumin-dusted tortilla chips

## mains

### STEAK FRITES 27<sup>50</sup>

7oz AAA sirloin, kale caesar salad, fries

### CREOLE SIRLOIN 29<sup>95</sup>

7oz AAA sirloin, creole butter, truffle mashed potato, seasonal vegetables

#### steak add-ons

⊕ **add peppercorn sauce** + 2<sup>95</sup>

⊕ **add creole ocean wise prawns** + 5<sup>95</sup>

⊕ **add sautéed local wild mushrooms** + 2<sup>95</sup>

### BBQ RIBS

slow-braised pork ribs, sticky house made bbq sauce, warm corn and bacon potato salad, apple cider slaw

⊕ **half rack** 25<sup>95</sup>

⊕ **full rack** 29<sup>95</sup>

### 🌶️ MAPLE DIJON GLAZED SALMON 28<sup>95</sup>

oven roasted ocean wise steelhead, maple dijon glaze, crispy sage, roasted garlic mashed potato, seasonal vegetables

### 🌶️ FISH & CHIPS 20<sup>95</sup>

two pieces of wild pacific cod, craft beer batter, fries, house slaw, tartar sauce

### PESTO CHICKEN LINGUINE 21<sup>95</sup>

handmade almond basil pesto, feta, grape tomatoes, garlic shallot cream, grilled sourdough

⊕ **substitute ocean wise prawns** + 2<sup>95</sup>

### FRIED CHICKEN MAC & CHEESE 22<sup>50</sup>

bacon, local InGrain noodles, sharp cheddar bechamel, parmesan breadcrumbs, parsley

### TRUFFLE MUSHROOM MAC & CHEESE 21<sup>50</sup>

local wild mushrooms, arugula, local InGrain noodles, sharp cheddar bechamel, parmesan breadcrumbs, parsley

## salads & bowls

### MOROCCAN CHICKEN SALAD 19<sup>95</sup>

za'atar chicken, marinated kale, spinach, sticky carrots, feta, candied almonds, dates, crispy chickpeas, cucumber, herb vinaigrette

### BLACKENED CHICKEN RICE BOWL 20<sup>95</sup>

cajun chicken breast, brown rice, pico de gallo, pickled cabbage, corn and black bean salsa, avocado, spicy mayo, cilantro

⊕ **substitute cajun bbq tofu** 🌱

⊕ **substitute creole ocean wise prawns** + 2<sup>95</sup>

### CAJUN CHICKEN COBB SALAD 20<sup>95</sup>

panko-crust soft egg, cajun chicken breast, bacon, avocado, grape tomatoes, parmesan, radish, parm dressing

### GREEN GODDESS HALLOUMI BOWL 19<sup>95</sup>

seared halloumi cheese, quinoa, kale, spinach, avocado, pickled onions, grape tomatoes, feta, roasted pumpkin seeds, green goddess dressing, lemon

⊕ **substitute chicken** + 1<sup>95</sup>

⊕ **substitute ocean wise prawns or ahi tuna** + 3<sup>95</sup>

### 🌶️ POKE BOWL 21<sup>95</sup>

ahi tuna, yuzu ponzu, green onions, jasmine rice, miso mayo, roasted pineapple, seaweed, pickled ginger, avocado, radish, sunomono cucumber, crispy onions, sesame, cilantro

⊕ **substitute brown rice** + 1

🌱 **ocean wise**. A SUSTAINABLE CHOICE

🌱 **Vegan Friendly**



**Mealshare** - We'll provide one simple, healthy meal to a youth in need. Make any item a Mealshare item for \$1. Please inform your server.

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES  
OR DIETARY RESTRICTIONS

